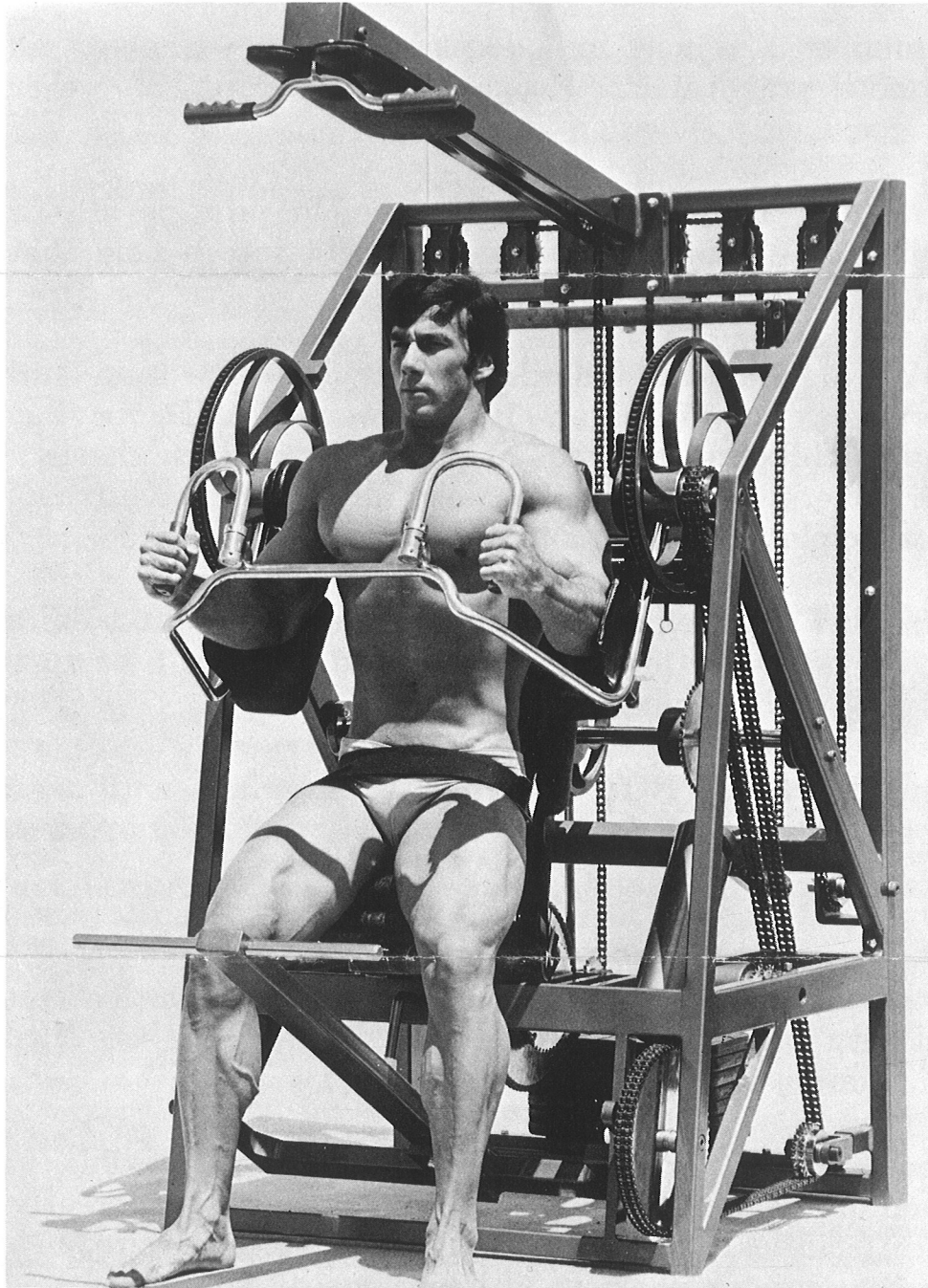


NAUTILUS EQUIPMENT

THE ULTIMATE DEVELOPMENT



NAUTILUS COMPOUND PULLOVER TORSO and TORSO/ARM MACHINE

Announcing . . . NAUTILUS BULLETIN NUMBER 3

By ARTHUR JONES

Bulletin number 1 is now in a second printing — having already contributed more practical knowledge on the subject of weight training than any previous publication in history.

Bulletin number 2, after less than a year in print, is also well into a second printing — bringing even more insight into a field that has been clouded with myth and guesswork.

AND NOW . . . Nautilus Bulletin number 3, by the same author. More than 200 pages. Approximately 100,000 words. AND, for the first time in a Nautilus Bulletin, hundreds of pictures, drawings, charts and graphs — enough pictorial information to make all of the revolutionary Nautilus training principles clear to almost anybody.

Bulletin number 3 is being offered here on a special pre-publication basis for \$7.00, or \$8.00 by airmail. Publication date will be approximately the last week of November, 1972.

Bulletin number 3 will NOT be advertised elsewhere until a later date— and then only at the regular price of \$10.00, or \$11.00 by airmail.

* * * * *

Prices listed on the opposite page will be honored until September 1st, 1972. All firm orders placed prior to that date will be filled at those prices — regardless of actual delivery dates.

On September 1st, 1972, a new and higher price schedule will become effective on all Nautilus equipment. In spite of our greatly increased production facilities, the mentioned price increases are necessary because of our insistence upon ultimate quality.

NAUTILUS EQUIPMENT

REGULAR MODELS (Barbell-plate loading)		Crating
PULLOVER-TYPE TORSO MACHINE	\$745.	\$35.
With chain drive	\$805.	\$35.
BEHIND-NECK TYPE TORSO MACHINE	\$615.	\$35.
TORSO-ARM MACHINE	\$485.	\$35.

The above listed three machines are the basic equipment required for the remarkably effective Nautilus "Torso Cycle" training system.

ROWING-TYPE TORSO MACHINE (Shoulder & Chest)	\$615.	\$35.
CURLING & TRICEPS MACHINE (Arms)	\$825.	\$35.
With chain drive	\$860.	\$35.
"Sleeving" charge required if machine must go through a door that is less than a full 37" wide	\$ 22.50	
HIP & BACK MACHINE (Lower torso, lower back, legs)	\$880.	\$65.
With chain drive	\$975.	\$65.

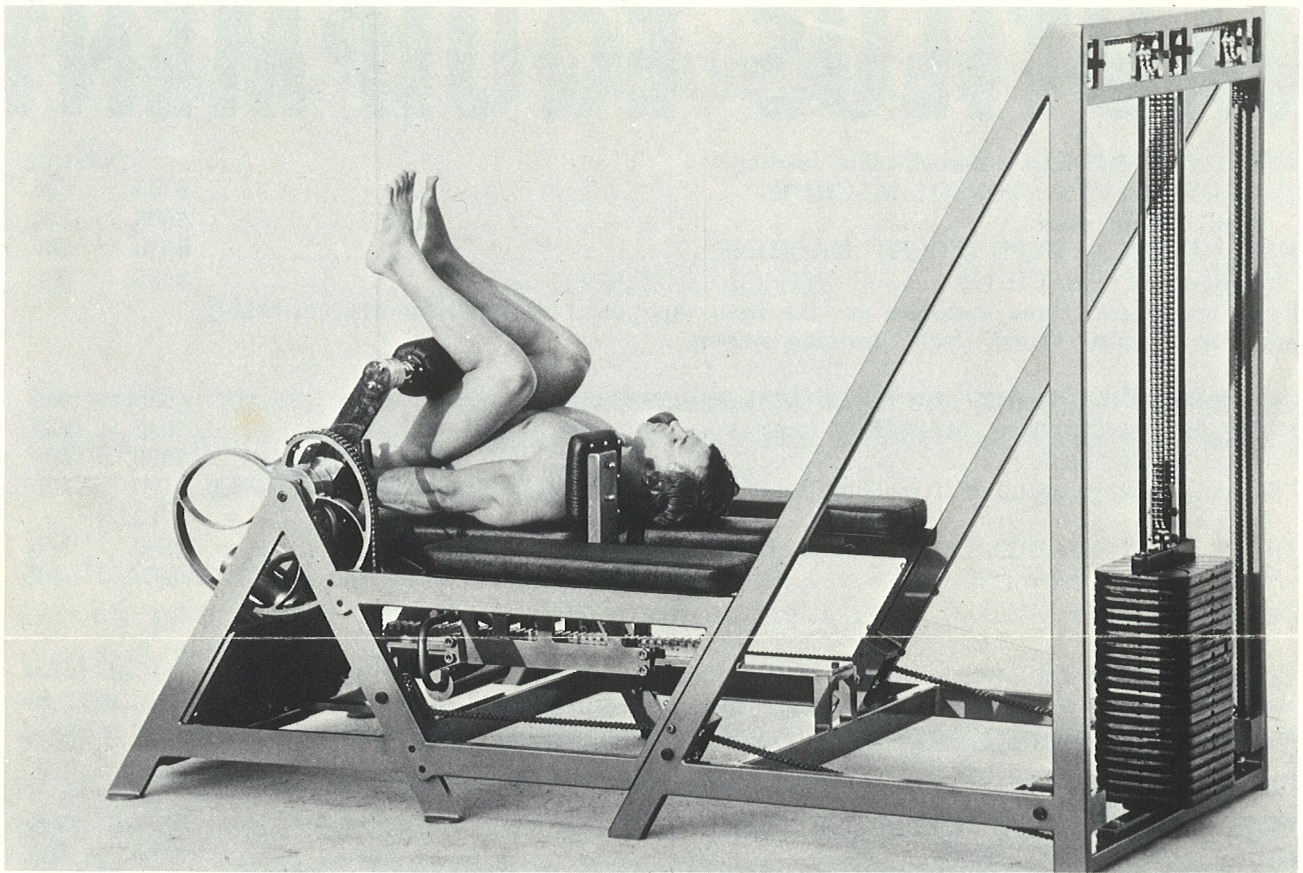
DELUXE MODELS — Selectorized (self-contained) weight stacks and chain drive in all machines where chain drive is possible. Rowing, Torso-Arm and Behind-Neck type machines can NOT be chain driven — all other deluxe model Nautilus Machines are chain driven.

BEHIND-NECK TYPE TORSO MACHINE	\$860.	\$35.
TORSO ARM MACHINE	\$685.	\$35.
ROWING-TYPE TORSO MACHINE	\$860.	\$35.
HIP & BACK MACHINE	\$1,285.	\$65.
THIGH-EXTENSION MACHINE	\$840.	\$55.
LEG-CURL MACHINE	\$795.	\$55.

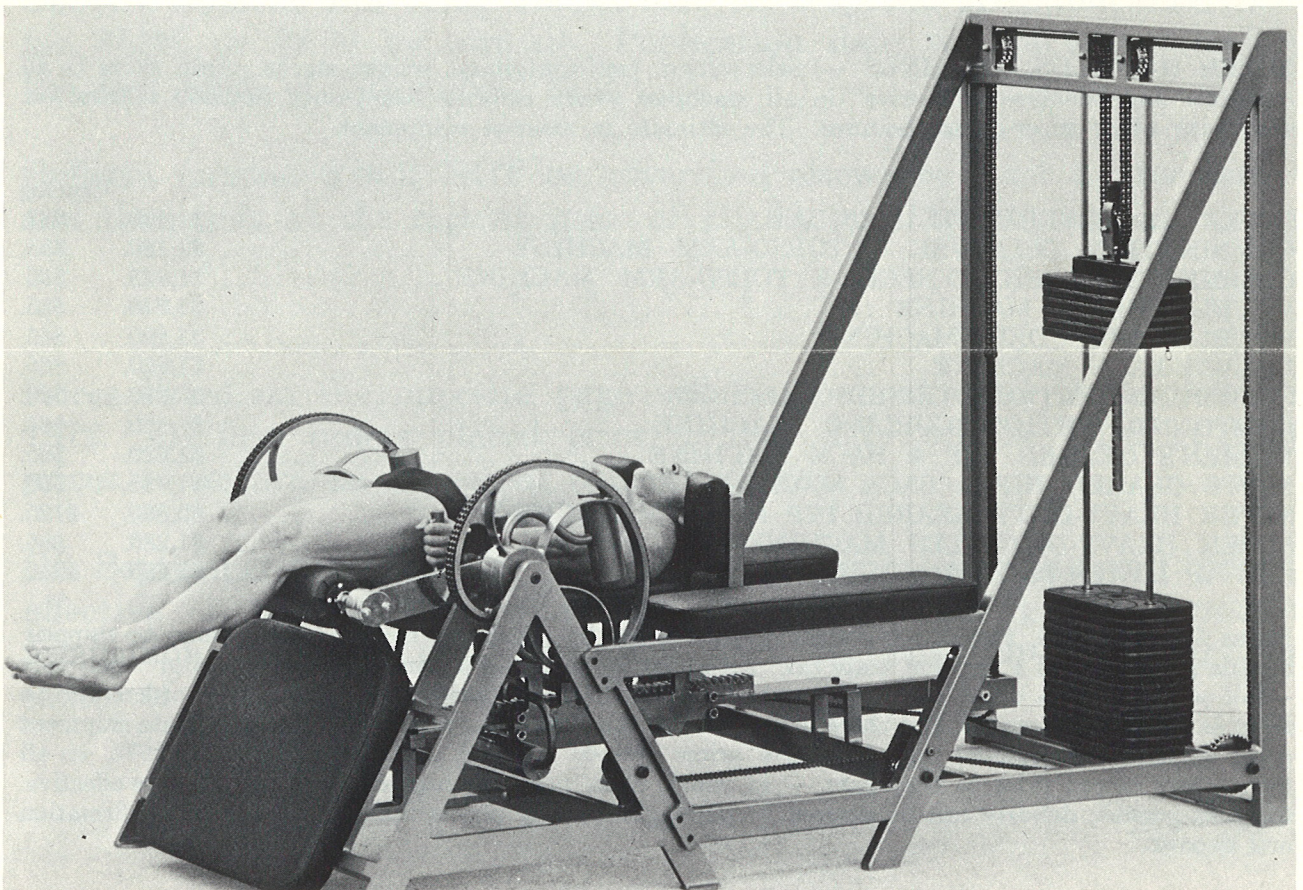
SUPER NAUTILUS MACHINES — Selectorized (self-contained) weight stacks, chain drive in all machines and "double-chain drive" in all machines where extreme heavy-duty function is involved, and many other super-deluxe features. The ultimate in exercise equipment.

		Crating
SUPER PULLOVER-TYPE MACHINE	\$1,490.	\$85.
COMBINATION PULLOVER & TORSO-ARM MACHINE	\$2,180.	\$85.
COMBINATION BEHIND-NECK & TORSO-ARM MACHINE	\$1,920.	\$85.
DOUBLE-CHEST MACHINE	\$1,940.	\$85.
DOUBLE SHOULDER MACHINE	\$1,890.	\$85.
DOUBLE-BACK MACHINE	\$1,920.	\$85.
COMPOUND-POSITION TRICEPS MACHINE	\$ 890.	\$65.
COMPOUND-POSITION CURLING MACHINE	\$ 860.	\$65.
WOMEN'S GEARED HIP & BACK MACHINE	\$1,620.	\$65.
MEN'S GEARED HIP & BACK MACHINE	\$1,735.	\$65.
SUPER HEAVY-DUTY GEARED HIP & BACK MACHINE	\$2,860.	\$125.
SUPER HEAVY-DUTY LEG MACHINE	\$1,285.	\$65.
LEG & LOWER-BACK MACHINE	\$5,680.	\$210.

Prices f.o.b. DeLand, Florida — crating charges must be added for machines that must be shipped. Florida residents add 4 per cent state tax. All orders accepted on a "first come, first served" basis only — full payment with order, or 50 per cent deposit and balance prior to shipment. All orders will be filled as quickly as possible, but there is no "off the shelf" inventory available for immediate shipment since demand still exceeds supply. Above prices will be honored until September 1st, 1972, on all firm orders placed prior to that date — at which time, new and higher prices will become effective. Quickest-possible delivery can be assured by placing orders by phone, followed by mailed confirmation and deposit.



NAUTILUS SUPER HIP and BACK MACHINE in starting position



NAUTILUS SUPER HIP and BACK MACHINE near finishing position