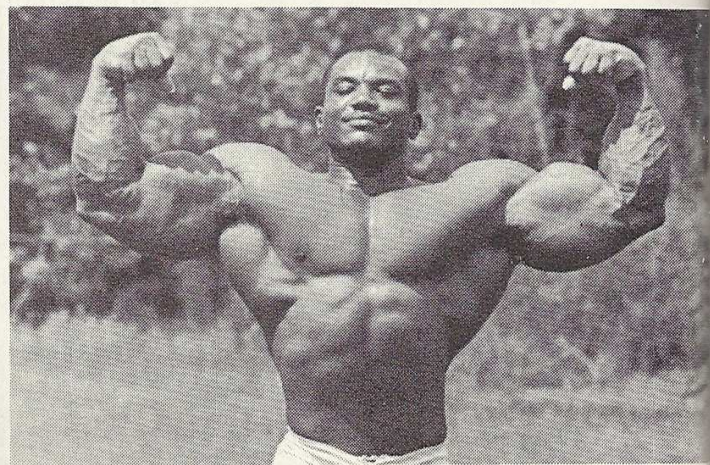


NOW...BIGGER MUSCLES FASTER THAN EVER...WITH

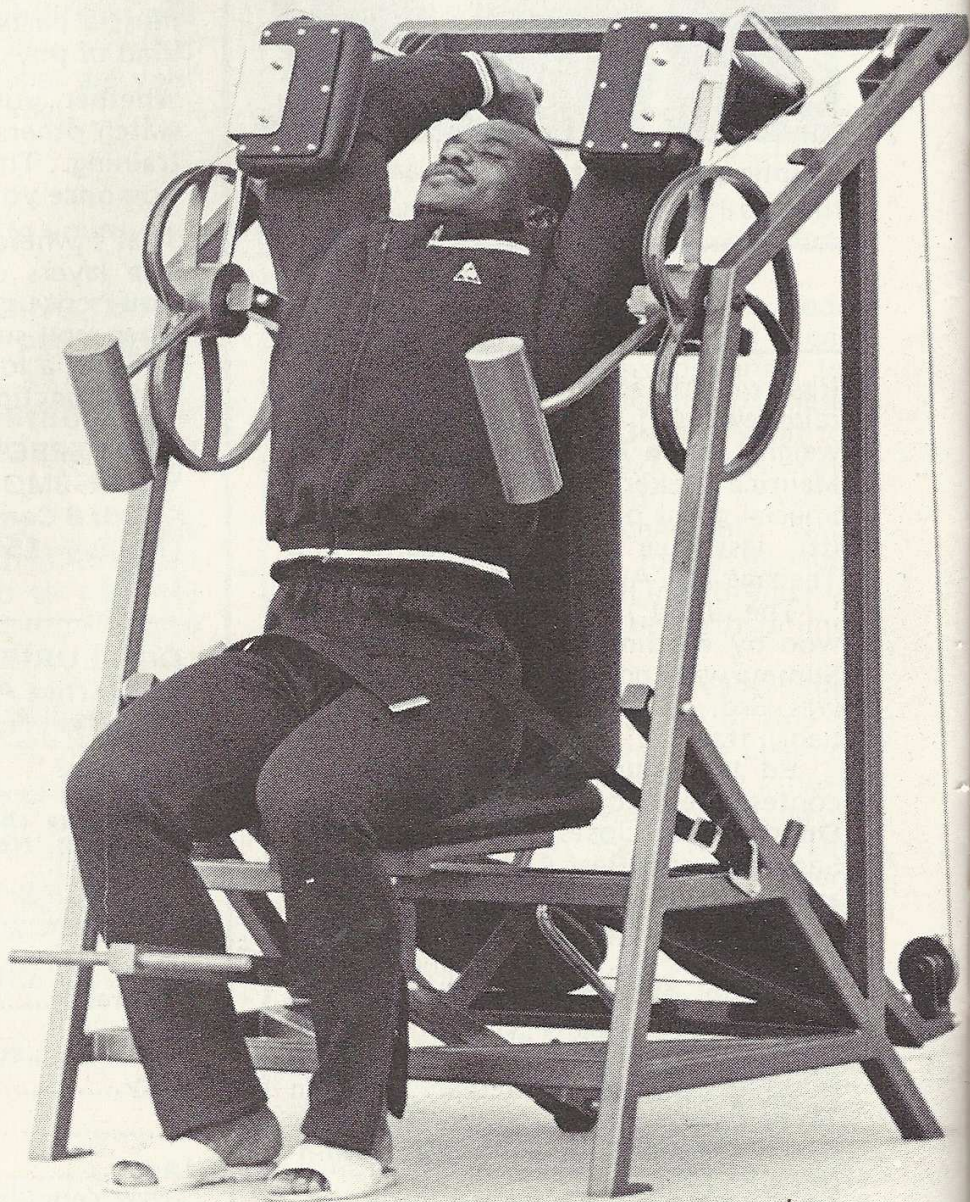
NAUTILUS SYSTEM TRAINING!

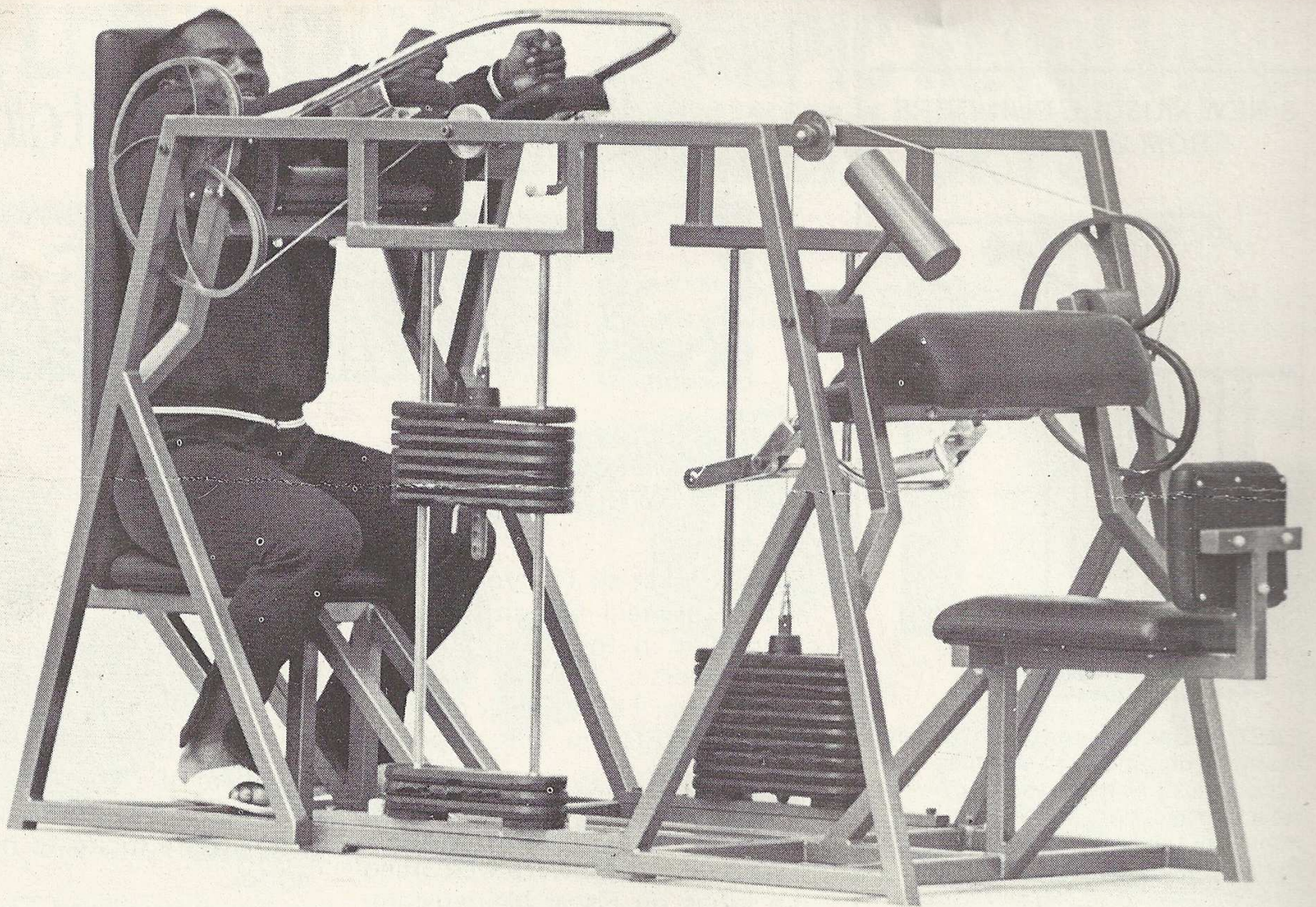


SERGIO OLIVA — "MR. OLYMPIA"

The NAUTILUS SYSTEM has been hailed by trainers and champions alike as the most revolutionary weight-training method to come along since the barbell itself. It in fact picks up where ordinary weight-training leaves off—and is responsible for the fantastic size today's leading bodybuilders are achieving—champs like Schwarzenegger, Coe, Caputo, Oliva, Zane and dozens more. The NAUTILUS SYSTEM requires hard work . . . it is not for beginners—but if you have built a "basic physique" or if you have reached a "sticking point" and want to gain great muscular size and shape IMPOSSIBLE to achieve through ordinary training—then you're ready for the NAUTILUS SYSTEM. If you are unfamiliar with the NAUTILUS SYSTEM and want to investigate before buying we suggest you purchase BULLETIN NUMBER 1 by sending \$4 to: Dan Lurie Barbell Co., 1661 Utica Ave., Brooklyn, N. Y. 11234. You will then understand the principles behind NAUTILUS TRAINING and will want to purchase one or more pieces of equipment as you build your "Space Age Gym" for out-of-this-world gains never before possible!

All prices F.O.B. Florida. Add crating charges as indicated per item. New York City residents add 7% sales tax; New York State residents add 6% sales tax. No C.O.D. orders accepted. Money-orders and certified checks only accepted. Plates come with Deluxe models only and are included in the purchase price. Showroom located at Dan Lurie Barbell Co., 1661 Utica Ave., Brooklyn, N. Y. 11234. Phone (212) 258-3900, Ext. 14 for appointment to see equipment before buying if desired. Mail orders filled immediately; all items in stock. Order by model number. Sorry, no WBBG discounts.





NAUTILUS SYSTEM PROGRESSIVE WEIGHT-TRAINING EQUIPMENT

TORSO MACHINES

	Super	Deluxe	Plate Lbs.	Crating
N-1 Pullover-type Machines	\$745.00	\$915.00	300	\$35.00
N-2 Behind-neck-type Torso Machines	615.00	740.00	150	35.00
N-3 Torso/Arm Machines	485.00	640.00	250	35.00
N-4 Rowing-type Torso Machines	615.00	740.00	100	35.00
N-5 Vertical-type Shoulder Machines	615.00	740.00	100	35.00
N-6 45-degree-type Shoulder Machines	615.00	740.00	100	35.00
N-7 Double-station, two-exercise Chest Machines	875.00	1080.00	250	45.00

ARM MACHINES

N-8 Combination Curling & Triceps Machines	825.00	1050.00	200	35.00
N-9 Single-station Curling Machines	485.00	610.00	100	35.00
N-10 Single-station Triceps Machines	460.00	585.00	100	35.00
N-11 Semi-compound Triceps Machines	725.00	915.00	100	35.00
N-12 Compound Triceps Machines	950.00	1075.00	100	45.00

LEG MACHINES

N-13 Leg-press Machines	--	780.00	400	55.00
N-14 Squat Machines	--	860.00	400	55.00
N-15 Thigh-extension Machines	--	590.00	100	55.00
N-16 Thigh-Curl machines	--	590.00	100	55.00
N-17 Buttocks ("Glute-curl") Machines	--	680.00	150	55.00

SPECIAL EQUIPMENT

N-18 Chest Machines for Women	--	715.00	100	55.00
N-25 "Double-cam" Spiral Pulleys	95.00	--	--	--
N-26 Contracted-position Curling Bars	75.00	--	--	--
N-27 Contracted-position Curling Benches	115.00	--	--	--
N-28 "Pulldown" Bars (chromed)	30.00	--	--	--
N-29 Multiple-exercise, variable-resistance Machines	385.00	--	--	--